



Lunch Menu Form

**Please complete and return to the School Office by
Tuesday 17th December at 3pm**

Please circle the food of your choice but please check with your child they like the option they have chosen.

Please note that only Main, Vegetarian and Jacket Potato options are given a Dessert option. The Sandwich option includes a drink, cookie & yoghurt choice.

Freshly baked bread on site, salad selection, fresh fruit and yoghurt will be available daily.

Allergy Information: If your child has an allergy or intolerance please ask a member of staff of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.



Menu 1

Weeks commencing: 6th January, 27th January,

24th February & 16th March 2020

Child's Name Class Name.....

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN	Chicken Curry with 50/50 rice	Sausage, mashed potato, peas & gravy	Roast Chicken with stuffing Roast potatoes, veg & gravy	Macaroni cheese with ham Roasted vegetables	Fish fingers and chips Beans
VEGETARIAN	Lentil & sweet potato curry with rice	Linda McCartney Sausages, mashed potato, peas & gravy	Vegetable Wellington with roast potatoes, veg & gravy	Macaroni cheese Roasted vegetables	Cheese & tomato quiche with chips Beans
SANDWICH	Ham	Tuna mayo	Cheese	Jam	Cheese
JACKET POTATO	Vegetarian Bolognese	Cheese	Beans	Cheese & Beans	Tuna Mayo
Dessert	Apple Flapjack Yoghurt Fresh Fruit	Pineapple Cake, Yoghurt Fresh fruit	Oaty cookie/ fresh fruit	Syrup sponge with custard Yoghurt Fresh fruit	Fruit and yoghurt station

Freshly baked bread on site, fresh fruit will be available daily.

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Menu 2

**Weeks commencing: 13th January, 3rd February, 2nd March
& 23rd March 2020**

Child's Name **Class Name.....**

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN	Bolognese, pasta, garlic bread, salad	Sausage roll with new potatoes and peas	Roast Gammon with roast potatoes & gravy Carrots	Cheese, tomato and ham Pizza, wedges & salad	Breaded Fish with chips Peas
VEGETARIAN	Vegetable Bolognese, pasta, garlic bread, salad	Vegan sausage roll with new potatoes	Quorn Fillet with roast potatoes & gravy Carrots	Cheese & tomato pizza, wedges & salad	Cheese frittata with chips Peas
SANDWICH	Ham	Tuna	Chicken	Jam	Ham
JACKET POTATO	Vegetarian Bolognaise	Cheese	Beans	Cheese & Beans	Tuna Mayo
Dessert	Oaty Pear Crumble & custard, Yoghurt, fresh fruit	Chocolate cake with chocolate drizzle, Yoghurt Fresh fruit	Apple, Cheese & crackers Yoghurt/ fresh fruit	Orange & lemon shortbread, Yoghurt, fresh fruit	Fruit & Yoghurt station

Freshly baked bread on site, fresh fruit will be available daily.

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Menu 3

**Weeks commencing: 20th January, 10th February, 9th March
& 30th March 2020**

Child's Name **Class Name.....**

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN	Beef chilli, rice and tortilla chips	Chicken & Sweetcorn Pie with new potatoes & gravy	Roast Chicken, roast potatoes, peas & gravy	Chicken stir fry with noodles or rice	Fish in batter with chips Baked beans
VEGETARIAN	Vegetable chilli, rice and tortilla chips	Vegetable pie new potatoes & gravy	Potato and courgette stack, carrots, roast potatoes	Vegetarian stir fry, green beans, noodles or rice	Homemade vegetable sausage, beans and chips
SANDWICH	Cheese	Tuna	Chicken	Jam	Ham
JACKET POTATO	Cheese	Vegetarian Bolognaise	Beans	Tuna Mayo	Cheese & beans
Dessert	Oaty Cookie, Yoghurt Fresh fruit	Banana Sponge & custard, Yoghurt	Apple, cheese and crackers, Yoghurt, fresh fruit	Chocolate and orange brownie, Yoghurt, Fresh fruit	Fruit & Yoghurt station

``Freshly baked bread on site, fresh fruit will be available daily.

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